

Why I  
am not  
vaccinated yet



*Why I am not vaccinated yet*

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## Preface

In recent years, parents have noticed that children at a very young age are already being told about vaccinations at school. ‘The shot is part of life and is to protect yourself and others.’ Information about all aspects, including the disadvantages of vaccinating (the lack of proof of safety, you only take a vaccination for yourself, etc.) and tailored to children, is hard to find. There is plenty of information for parents, but hardly any for children.

There is a demand for information for young children in which there is also room for criticism. There is a particular need for this for children around the age of 9, and certainly now that the HPV vaccination that used to be given around the age of 12, has also been moved to this age group. Not all parents plan to have these shots given to their own children, but many children in their peer group will likely receive them. To be able to tell the other side of the story, they are looking for guidelines. Reading this booklet together can help to achieve this.

The NVKP has been receiving these signals for some time and want to respond to this with this booklet. The starting point is the presentation of an 11-year-old girl on a self-chosen topic which she was allowed to make with the help of a parent and read it to the class. She chose ‘Vaccinating’ based on her desire to make this subject open for discussion among fellow students and teachers and to gain understanding for her parents’ choice of not-vaccinating.

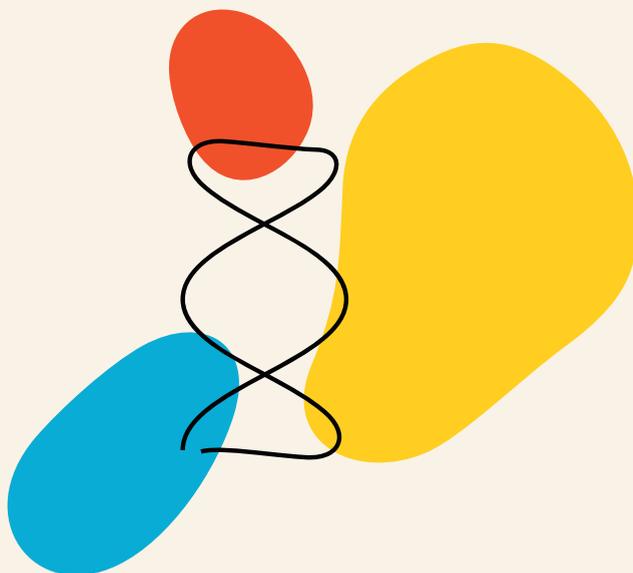
Significant here is the fact that the choice for this subject prompted the teacher to discuss it beforehand with the school principal and that she (the pupil) was, as it were, punished for this choice with a lower mark than the other children in the class!

Particularly noteworthy is the part ‘What I find strange’. She hears people say on TV that they are afraid that unvaccinated children will spread diseases. She herself is not vaccinated and almost never ill.

She therefore wonders how she can spread a disease she does not have. Unvaccinated children are wrongly designated as spreaders of the disease.

It is deplorable that during the corona period that fear was instilled in children that they could infect their grandmother and grandfather, possibly resulting in death. This is incorrect: every grandmother and grandfather, everyone is responsible for their own health.

This presentation has been edited by the NVKP into a booklet in which you can read about the most debatable subject 'vaccination' with your (grand-)child.





## *Presentation. Noëmi tells*

In the seventh grade of primary school, we have to make a presentation on a subject of our choice and present that to the class. I want to talk about vaccinations because

I notice in class that as an unvaccinated person I belong to the exceptions. I had noticed this before, but during 'corona' time this changed.

Unvaccinated adults, but also children from the age of 13 were suddenly excluded. They could no longer spontaneously decide to go to the cinema with friends or go out for a drink somewhere to chill together. It made me feel anxious. And I found it quite frightening.

Because of this exclusion, many people have opted against their will to get vaccinated. People experienced pressure from their work and were afraid of losing their jobs. Or they wanted more freedom to relax and travel, they just didn't see any other way out.

Our freedom of choice, about what you want to have injected into your body or not, is at risk. Vaccinating is not without risks! Since vaccinating against corona, many side effects after vaccination have also been reported to Lareb (Side Effects Center in the Netherlands): blood clots, menstrual complaints, miscarriages, and even more than 700 deaths!

It is very important that people report a side effect. This can be done via the Lareb website <sup>1</sup>. Did you know that due to the reports made, a warning of inflammation of the heart muscle (myocarditis) or inflammation of the pericardium (pericarditis) has been added to the package insert of the Pfizer corona vaccine, as a possible side effect? Healthy children/young people are offered the Pfizer injection. This side effect is more common in young people, especially young men, and somewhat more often after the 2nd shot.<sup>2</sup>

**Vaccination is therefore not without danger!**

## *Why I haven't been vaccinated (yet)*

I asked a lot of questions about this subject in particular my parents and grandparents. My father and mother have never had my 2-year older brother and me vaccinated.

It's normal for me to grow up in this way. My parents have thought it through carefully and my mother told me that she really didn't find it an easy choice, after all, all parents only want the best for their child. By reading up on the pros and cons of vaccinating, the course of the disease and the seriousness of the childhood diseases, and by being well informed through conversations with doctors and parents of children with vaccine damage, my parents made the decision not to make use of the National Immunization Programme. For many parents it is not entirely clear that vaccination in the Netherlands is voluntary, that the choice is really up to the parents! Actually, very logical, because only our parents have anything to say about us.

**We have never had a shot!**



## Grandparents

Grandma told me that as a baby my mother didn't get all the shots because they made her very sick. Every time my mother was vaccinated as a baby, she would develop a very high fever and cry very loudly for hours. Grandpa kept calling the doctor, that's how worried grandpa and grandma were about this reaction. They couldn't comfort their baby, no matter what they did, my mother kept crying loudly.

Our grandfathers and grandmothers did not receive vaccinations against childhood diseases such as mumps, measles, or rubella in their youth. Those vaccinations were not yet available, and everyone went through these childhood diseases and... got better too.

Going through these childhood diseases gave them lifelong protection against these diseases. My parents did not get the vaccination against mumps, measles, and rubella either.

The National Immunization Program started in 1957, there were then vaccines against 4 diseases <sup>3</sup>. Children now receive many more vaccinations and are now vaccinated for 12 infectious diseases. The HPV and Corona vaccination are also offered to children, and there are many more to come.

My grandmother didn't like it when my mother had a childhood illness. Of course, it's never nice when your child is sick, but she told me that she found it much less scary to experience my mother having measles, for example, than when she was so sick from the vaccination.

My brother and I have so far only contracted chicken pox, whooping cough and another spot disease.

**In fact, we are hardly ever sick, and the few times we are ailing, we always get better very quickly!**

## Questions I asked my mother

I have asked my mother why they as my parents chose not to have us vaccinated and these are some of her answers.

- It is said that vaccinations are safe, but that is not true. There are many children and adults who have become very ill after the vaccination.
- Vaccines have never been thoroughly tested for safety.
- Side effects and vaccine damage are not discussed.
- The additives in vaccines have more disadvantages for our health than many people realise.
- Information inserts are not provided.
- There is no conversation with parents about vaccinations.
- A healthy 3-month-old child is vaccinated against 7 diseases in one go. A small baby then must build up immunity against 7 diseases at once, while normally you only get one disease at a time.



## Vaccines have never been tested for safety



Before medicines can be used, they are first extensively tested. They look at what the drug does in the body and whether the dosage for children should be different than for adults.

Mum's comment:

*“Investigation is done to find out whether the additives used in the medicine leave the body or that they remain somewhere in the body. This study is called with a difficult word a pharmacokinetic study. This study is not required for vaccines and is often not carried out, even though vaccines contain many, also toxic, additives.”*

**That's why you can never really know if vaccines are safe!**

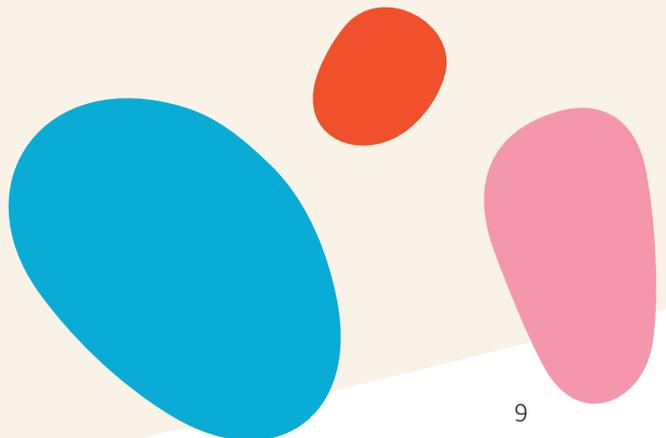
## *Inserts are not handed out nor discussed with parents*

An insert is given with every medicine. If you are prescribed medications and collect them from the pharmacy or buy them from the drugstore, they always tell you that you should read the insert carefully so that you know what the side effects may be. Side effects are reactions or symptoms which are not actually intended, but which may still occur.

After a baby is born, parents receive a letter with the invitation for the first vaccination. Inserts are not added. On the RIVM website the advice is given to read the package leaflet. When visiting the consultation centre, the insert is also not discussed with parents before the child is vaccinated, although the insert states what is in the vaccine and which side-effects are possible.

Do you know that a doctor or nurse has an information obligation? <sup>4</sup> Before the shot is administered, the doctor or nurse should first give you information about the pros and cons and possible side effects. This is called 'informed consent', which means that you might only give permission for the vaccination after you have been properly informed. Unfortunately, parents are not made aware of the possible side effects when talking to the doctor or nurse, so the parents do not know what they should look out for when their child is vaccinated, and they are not prepared for possible reactions.

What many people also do not know is that the package insert of the MMR



vaccination (mumps, measles, rubella) states that you can infect someone with rubella between the 7<sup>th</sup> and 28<sup>th</sup> day after you have had the shot.

Text from insert:

*“Between the 7th and 28th day after vaccination, an excretion of small amounts of the live, attenuated rubella virus through the nose or throat is seen in most susceptible individuals. **Although a transfer through close personal contact is theoretically possible, it is therefore not seen as a major risk.**”*<sup>5</sup>

In the Dutch Journal of Medicine, you can read that **“a clinical picture that suggests ‘measles’ is increasingly related to the vaccination”**.<sup>6</sup> This means that most people who are ill with measles have become infected with the measles virus from the vaccine!

**So, this means that vaccinated children can also spread measles, something that appears to be happening more and more!**



## *There is no mention of side effects and vaccine damage*

My mother's inconsolable crying after the vaccination is a well-known side effect and is known as 'brain crying'. Therefore, inconsolable crying is listed as a possible side effect in the inserts of the 4 in 1 vaccine.

There even is a warning listed, that one should be extra careful with the vaccine in a child who, after a previous vaccination, has cried inconsolably for 3 hours or more. In that case it must be carefully considered whether the child may still be vaccinated with a vaccine containing whooping cough.<sup>7</sup>

Another example of vaccine damage is epilepsy. The National Epilepsy Fund says the following of possible side effects:

***“Do vaccinations have any risks or side effects?”<sup>8</sup>***

*After injection with the 4 in 1- and the MMR vaccinations in addition to a fever, a short-term febrile convulsion can arise or in the case of a predisposition for epilepsy a first-time seizure could occur.*

*This is attributed to:*

- *the substance against whooping cough in the 4 in 1 vaccination.*
- *the substance against measles in the MMR vaccination.”*

The RIVM (National Institute for Public Health and Environment) provides advice on the National Immunization Programme. They too know that vaccine damage exists. In 2001, it was already known that childhood vaccinations could cause meningitis, but you never hear anyone about this.

*“Childhood vaccinations like 4 in 1 and MMR can cause meningitis and encephalitis. So says Ruud Burgmeijer, head of the Vaccines Field Research Laboratory of the National Institute for Public Health and Environment (RIVM)”<sup>9</sup>*

Do you know that death after vaccination is considered a complication of normal medical practice? This can be found in a court ruling about the death of a 3-month-old baby after the child was vaccinated for the first time.<sup>10</sup>

4.6. Ouder- & Kinderzorg heeft bij conclusie van antwoord het kind-dossier van [kind] overgelegd, alsmede het verslag van 2 augustus 2007 van het Rijksinstituut voor Volksgezondheid en Milieu (hierna: RIVM), inclusief obductieverslag. Het verslag vermeldt onder meer dat tot op heden geen enkel onderzoek een relatie heeft kunnen aantonen tussen wiegendood (plotselinge dood van een ogenschijnlijk gezonde baby zonder dat de doodsoorzaak vastgesteld kan worden) en vaccinaties.

Het van het verslag deel uitmakende obductieverslag vermeldt voorts: "Ten aanzien van de vaccinatie kan worden opgemerkt dat het over het algemeen bekend is dat kinderen kunnen overlijden na vaccinaties; dit wordt gezien als een complicatie van normaal medisch handelen."

**Vaccine damage does exist!**

## HPV Vaccination

Many parents have doubts about the necessity and safety of this vaccine. I have several friends, boys, and girls, who won't take this shot. All children from grade 6/7 (the 9/10-year-olds) will receive an invitation for the HPV vaccine.

Below are some answers from parents to the question why they choose not to have their son or daughter vaccinated against HPV:

- Side effects after the HPV vaccination are often mentioned and discussed, also on TV and in newspapers.
- Vaccination damage due to the HPV vaccine was even mentioned in a debate on vaccination in the House of Representatives!<sup>11</sup>

The director of the Lareb- Side Effects Center- says the following about this:

*“You always have to keep an open mind, there are more than 300 reports of girls who became fatigued for a long time after the jab (HPV), we have investigated thoroughly but no other cause could be found in many of these girls! That problem is realistic and has a major impact on these girls! ... One thing you should never do is say: ‘we think it is not possible, so we will not investigate it’, You should never deny an alert”*

- There is evidence which shows that certain ingredients in HPV vaccines can affect fertility.
- The manufacturers have never tested HPV vaccines to find out if they could cause cancer.
- HPV is an infection of the cervix that in 95% of cases, heals of its own accord.
- Book tip: “The HPV Vaccine on Trial”. The book reveals the tragedy of the HPV scandal. Seeking justice for a misguided generation. The introduction has been translated into Dutch and can be read on the website of the NVKP.<sup>12</sup>

*The additives in vaccines have more disadvantages for our health than many people realise*

One example is aluminium. There are plenty of doctors and scientists who warn about the dangers of aluminium for our health. Lareb received 35 reports of post-vaccination abscesses between 2012 and 2017.<sup>13</sup>

*“In both official product information and patient information **there is currently nothing described about this rare side effect.** For this reason, the alert has been discussed with the Medicines Evaluation Board.”*

In studies you can see that this is due to aluminium, *“persistent<sup>14</sup> itchy nodules and contact allergy to aluminium, after vaccination with aluminium-adsorbed vaccines. Itchy nodules due to vaccination are probably **more common** than previously **realized**.”*

*Intensely itchy subcutaneous nodules and contact allergy to aluminium can occur after vaccinations with the two most commonly used DTP vaccines in Europe. This side effect has probably **not** been reported. The symptoms can last at least 4-5 years, but eventually seem to go away?”*

**So, they just don't know yet what the long-term effects are!**





## *What I find strange*

What I find strange is that I hear people on TV saying that they are afraid that unvaccinated children will spread diseases. I am not vaccinated, and I hardly ever get sick. I can't spread diseases that I don't have.

I did have chicken pox and whooping cough. At that time also vaccinated children in the class had whooping cough. I got whooping cough from a vaccinated girlfriend. This has been confirmed by the GP and the RIVM.

At my old school there were also children with whooping cough in grades 3 and 4. All these children had been vaccinated. I didn't get sick then, but the vaccinated children did.

**Another proof that vaccinated people can also spread diseases after vaccination.**

## Who can get whooping cough?

The whooping cough vaccine does not work well, because do you know that if you are vaccinated against whooping cough you can still get the disease? And you can also infect others? Even if you have had whooping cough, you can still get it again?

On the site of the RIVM (National Institute for Public Health and Environment) you can read the following: *“Whooping cough in the Netherlands: Since 1996, whooping cough has become more common again, also in adults. This may be because the bacterium has changed its structure. As a result, you can also become ill if you are vaccinated.”*<sup>15</sup>



## Where can I find information about diseases

To decide whether or not to vaccinate, my parents gathered information from the RIVM (National Institute for Public Health and Environment), where you can also find information about the severity and course of infectious diseases. Let's see what they have to say about it.

**Is mumps treatable?**<sup>16</sup> *Mumps will go away on its own after a week.*

**Is measles treatable?**<sup>17</sup> *Measles usually go away on its own. Medicines are not necessary.*

Mum's comment – *“Do you know that serious complications from measles can be reduced by good care, healthy diet, drinking enough and extra vitamin A supplements? According to the WHO (World Health Organization), all children diagnosed with measles should receive two doses of vitamin A supplements with 24 hours in between.”*<sup>18</sup>

**Is rubella treatable?**<sup>19</sup> *Rubella will go away on its own.*

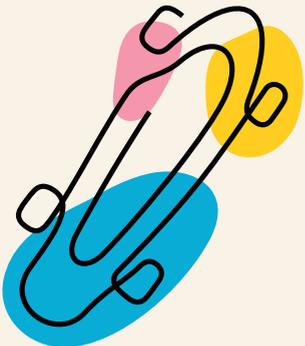
**Is the flu treatable?**<sup>20</sup> *Flu usually clears up on its own.*

Mum's comment – *“Do you know that there is insufficient evidence that the flu shot is beneficial for children with asthma under the age of 18? There are paediatricians who advise not to vaccinate these children, based on the lack of evidence for the benefit of routine vaccination.”*<sup>21</sup>

**How can you get hepatitis B?**<sup>22</sup> *“You can get infected in various ways, including through contact with infected blood or unsafe sex with someone who is infected. Hepatitis B usually goes away on its own. Sometimes the virus remains in the body. What causes this is unknown. That is called chronic hepatitis B.”*

The Hepatitis vaccine is also given to babies, while they have zero risk of getting the disease!

**Are these diseases really as scary as we hear on TV or read in the newspapers?**





## What can we do to stay healthy?

We learn that fruit and vegetables make us healthy, and sufficient exercise, rest, and enough sleep are also very important. Did you know that doing fun things is also very important for your health? Not only is it great fun to be outside with your friends, but the sun also treats you to vitamin D for free. Vitamin D also contributes to good immunity, so you are less likely to get sick. Vitamin D also ensures strong muscles, bones, and teeth.

In the winter months my mother always gives me extra vitamin D and vitamin C to take. My grandmother told me that when she was a little girl, her mother always gave her extra vitamin D in the winter months in the form of a spoonful of cod liver oil.

Several European countries including Belgium, Switzerland, and England, advised people to take vitamin D supplements during the corona pandemic.<sup>23</sup>

In England, free vitamin D pills were even provided to vulnerable groups. There is increasing evidence that a vitamin D deficiency increases the risk of getting sick. But also, of a more serious course of being ill if you were to get Covid, for example.

Exercise also makes you feel fitter and builds a better condition, strengthening your muscles and your bones.

Did you know that starting young with a healthy lifestyle can prevent health problems later in life? The Heart Foundation says the following about this: *“Children who eat healthily and exercise enough are less likely*

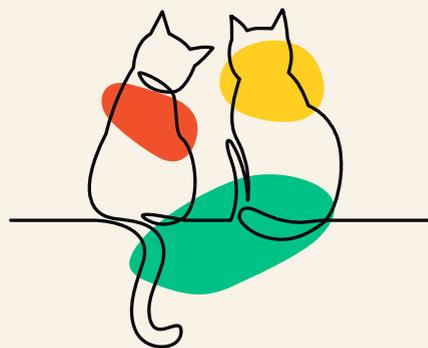
*to be ill! 24 They can concentrate better and are more comfortable in their own skin. And more importantly, they are less likely to develop heart- or vascular diseases when they are adults.”*

A healthy lifestyle is something that we should think about every day. We can choose a healthy snack and healthy food more often, enough exercise, relaxation, and rest so that we stay healthy.

I have come to the end of my presentation. There are many more things to say about vaccinations like that they don't know what it does to our health. I have probably told you a few facts which are important and yet not so well known.

I hope you found it interesting.  
With love, Noömi





## *About the NVKP*

The Dutch Association for Critical Vaccine Information (NVKP) is an association of parents and practitioners, founded in 1994 to provide clear, objective, current and scientifically based information about diseases, vaccines, different choices and treatment options in case of vaccine damage. Be critical, ask questions.

Vaccinating is a choice, your choice, not an obligation and is at your own risk.

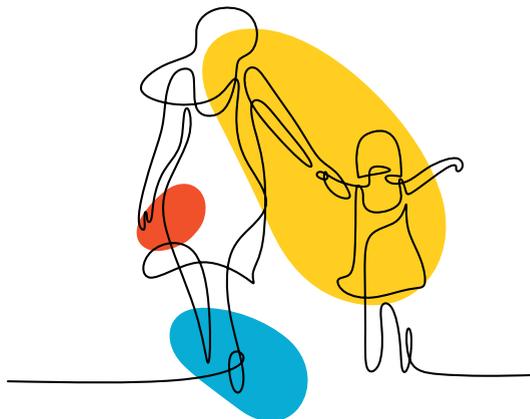
Always read the insert, inform yourself about possible side effects of vaccinations!

More information can be found at [www.nvkp.nl](http://www.nvkp.nl)

## Resources

- 1 <https://meldformulier.lareb.nl/Forms/Vaccins>
- 2 <https://www.rtlnieuws.nl/nieuws/nederland/artikel/5305753/corona-covid-vaccinatie-hartspier-myocarditis-hartzakje>
- 3 [www.rivm.nl/rivm/kennis-en-kunde/expertisevelden/rijksvaccinatieprogrammas](http://www.rivm.nl/rivm/kennis-en-kunde/expertisevelden/rijksvaccinatieprogrammas)
- 4 [www.knmg.nl/advies-richtlijnen/dossiers/informed-consent.htm](http://www.knmg.nl/advies-richtlijnen/dossiers/informed-consent.htm)
- 5 <https://rijksvaccinatieprogramma.nl/bijwerkingen/bijsluiters>
- 6 [www.ntvg.nl/artikelen/de-mazelen-na-bmr-vaccinatie](http://www.ntvg.nl/artikelen/de-mazelen-na-bmr-vaccinatie)
- 7 [www.nvkp.nl/fileadmin/nvkp/pdf/Bijsluiter/vaxelis-epar-product-information\\_nl.pdf](http://www.nvkp.nl/fileadmin/nvkp/pdf/Bijsluiter/vaxelis-epar-product-information_nl.pdf)
- 8 <https://drive.google.com/file/d/1Jd-aLFhRN3fkaZClmoX5aG4fsAJl17SX/view>
- 9 [www.gezondheidsplein.nl/nieuws/rivm-kindervaccinaties-kunnen-hersenvliesontsteking-veroorzaken/item60552](http://www.gezondheidsplein.nl/nieuws/rivm-kindervaccinaties-kunnen-hersenvliesontsteking-veroorzaken/item60552)
- 10 <https://uitspraken.rechtspraak.nl/inzien?document?id=ECLI%3ANL%3ARBROT%3A2011%3ABQ8223>
- 11 <https://youtu.be/9ztd-VizQPk>
- 12 [https://www.nvkp.nl/fileadmin/nvkp/pdf/Vertaling\\_The\\_HPV\\_on\\_trial.pdf](https://www.nvkp.nl/fileadmin/nvkp/pdf/Vertaling_The_HPV_on_trial.pdf)
- 13 Meldingen van bijwerkingen na vaccinaties RVP 2017 | [www.rijksvaccinatieprogramma.nl/nieuws/meldingen-van-bijwerkingen-na-vaccinaties-rvp-2017](http://www.rijksvaccinatieprogramma.nl/nieuws/meldingen-van-bijwerkingen-na-vaccinaties-rvp-2017)
- 14 [www.ncbi.nlm.nih.gov/pubmed/23052615](http://www.ncbi.nlm.nih.gov/pubmed/23052615)
- 15 <https://rijksvaccinatieprogramma.nl/infectieziekten/kinkhoest>
- 16 Vragen en antwoorden bof | RIVM [www.rivm.nl/vragen-en-antwoorden-bof](http://www.rivm.nl/vragen-en-antwoorden-bof)

- 17 Vragen en antwoorden Mazelen | RIVM  
[www.rivm.nl/mazelen/vragen-en-antwoorden-mazelen](http://www.rivm.nl/mazelen/vragen-en-antwoorden-mazelen)
- 18 [www.who.int/news-room/fact-sheets/detail/measles](http://www.who.int/news-room/fact-sheets/detail/measles)
- 19 Vragen en antwoorden rodehond | RIVM  
[www.rivm.nl/vragen-en-antwoorden-rodehond](http://www.rivm.nl/vragen-en-antwoorden-rodehond)
- 20 Vragen en antwoorden Griep | RIVM  
<https://www.rivm.nl/griep-grieprik/griep/vragen-en-antwoorden-griep>
- 21 <https://huisartsvandaag.nl/friese-kinderartsen-wijken-met-advies-over-grieprik-af-van-richtlijn-nhg/>
- 22 Vragen en antwoorden hepatitis B | RIVM  
[www.rivm.nl/vragen-en-antwoorden-hepatitis-b](http://www.rivm.nl/vragen-en-antwoorden-hepatitis-b)
- 23 [www.npninfo.nl/announcement/europese-overheidsadviezen/](http://www.npninfo.nl/announcement/europese-overheidsadviezen/)
- 24 [www.hartstichting.nl/gezond-leven/gezond-leven-voor-kinderen](http://www.hartstichting.nl/gezond-leven/gezond-leven-voor-kinderen)



## Why I haven't been vaccinated yet

This story is based on a talk about vaccination. Noömi was 11 years old when she gave her presentation to the students of group 7/8.

Because of the media's smear campaign against the unvaccinated, and her young age, her mother advised her to choose another topic for her talk. She bravely ignored her mother's advice and decided to bring this socially controversial subject, the downside of vaccination, to the attention of her peers and teachers.

When her teacher heard which subject Noömi had chosen, she discussed this with the school's management. After that it was decided that Noömi should not read the part on the information on childhood diseases. The teacher interrupted her during the presentation and said, "*just skip this page*". A critical view is not readily accepted and that this is the case children learn/ experience at a young age. The highest good of freedom of expression is immediately nipped in the bud.

Noömi received a passing grade for her work and presentation. However, it was remarkable that the rest of the children in the class were all awarded one point higher.

The NVKP chose to make this presentation in to a booklet as to provide a guide for parents whose children ask questions so they can read it together.

More information can be found at [www.nvkp.nl](http://www.nvkp.nl)  
088 035 02 00

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